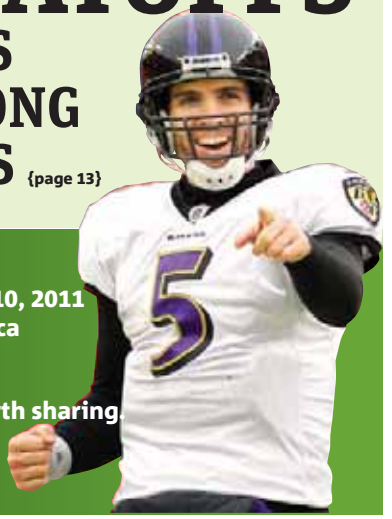
**DON'T ASK ABOUT HIS LOVE LIFE**
BIEBS SHOOTS DOWN SPECULATIONS {page 7}

**NEW SHOW GETS CRACKING IN P.E.I.**
CHEF MICHAEL SMITH TAKES YOU HOME {page 9}

# NFL PLAYOFFS

## JOE FLACCO'S RAVENS AMONG THE VICTORS {page 13}



OTTAWA metro®
Monday, January 10, 2011
www.metronews.ca
News worth sharing.

# Eco land fight grows roots

- Work to begin soon on subdivision owned by KNL Developments, councillor says
- Opponents say discovery of alleged stone medicine wheel needs further study

TIM LASH/FOR METRO

▶ Protesters say the Beaver Pond area may contain First Nations artifacts. They want to delay tree cutting in the area so more archaeological studies can be undertaken.

**STEVE COLLINS**
OTTAWA@METRONEWS.CA

About 100 opponents of a housing development on ecologically sensitive land in Kanata picketed offices of Urbandale Corporation on Saturday.

"We decided that it's time to start showing that this is a significant issue and to raise awareness in the public's mind," said organizer Paul Renaud of the Coalition to Protect the South March Highlands.

Kanata North Coun. Marianne Wilkinson said she too would like to save the land from development, but the city can't afford to buy it and developers can likely start clearing trees this month.

Attempted assassination

## Shooting shakes up politics

Palin camp takes down map with crosshairs over Giffords' district from website ▶ Vote to repeal Obama's health-care legislation postponed {page 3}

## Holmes' series gets axed

History Channel drops Kennedys show after backlash {page 6}

## What could pop up downtown

And why a few parking spots might stand in the way {page 5}

## Too cool for the coat

Why your kids shed their parkas in the cold {page 8}

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1 news

# Old face on a new condo

- City approval of condo project hinged on saving 1930s church facade
- Everything from excavation to hoisting the structure cost $1 million

MARC DESROSIERS/FOR METRO

▶ Construction workers spent the bulk of Saturday putting the Metropolitan Bible Church facade in place in an operation that closed a section of Bank Street for much of the weekend.

JOE LOFARO
OTTAWA@METRONEWS.CA

The stability of an old church facade had Urban Capital partner David Wex a little concerned as construction workers carefully hoisted the 300,000-pound, four-storey structure into a condominium site on Saturday.

"We were pretty careful because there's always the risk that it could crumble," he said.

Wex described the reattachment as a success following the risky job.

The brick structure, which was excavated from the Metropolitan Bible Church, was held intact using steel braces as special cranes from Montreal helped lift it into place.

Now the structure will be the new face of the company's latest central housing project on Bank Street and McLeod Street.

"The idea was to keep some of the fabric of the existing area when we developed the site for our project," Wex said.

The project is expected to be finished toward the end of this year.

**History**

CONTRIBUTED

▶ A scale model of the finished condo project.

A few milestones in the history of metropolitan Bible Church.

- **Name** It was originally known as Metropolitan Tabernacle.
- **Service** The congregation held its first service Sept. 13, 1931.
- **Start** Construction on the church began Oct. 16, 1933.
- **First** The first service was held on Dec. 6, 1936.
- **Last** The final service at 453 Bank St. was held on July 26, 2008.
- **Location** The church has since moved to 2176 Prince of Wales Dr.

# Ex-NHL coach helps kids have fun

JOE LOFARO/FOR METRO

▶ Ken Hitchcock signs a player's sweater.

Former NHL and Olympic men's hockey Team Canada coach Ken Hitchcock spent the weekend in Ottawa on the ice helping kids and having fun.

The coach met parents and worked with young kids during the Hockey Night in Canada clinic at the Bell Sensplex.

"It's all about listening and learning and I think the kids have really enjoyed that," he said. Hitchcock has helped put on similar clinics in Vancouver, Edmonton, and Calgary.

"I enjoy the process of building teams more than I do winning," he said.

JOE LOFARO

**400**
**Four hundred kids participated in the Ottawa leg of the Hockey Night in Canada clinics.**

## Fire causes $50,000 in damages

Ottawa firefighters battled a chimney blaze yesterday evening that caused $50,000 in damages to a home at 6948 Fernbank Rd. and left one firefighter with a knee injury.

Three people were evacuated, but are expected to be able to return to their home. There were no civilian injuries.

METRO

## Police seek suspect in assault cases

Ottawa police are seeking a man suspected of assaulting three women in separate incidents.

The man attacked two women on Dec.11, one on Albert Street near City Centre Avenue and another on Spender Street near Hamilton.

On Jan. 4, a man of similar description assaulted a woman at Gilmour and Bay Streets.

He's described as white, 18-25, with a slim build, dark hair, and possibly a moustache.

METRO

## 50-year-old woman hit by car

A 50-year-old woman was struck by a car Friday afternoon on Carling Avenue near Iroquois Street.

She was conscious when paramedics treated her for head and facial injuries and transported her to hospital, listed in serious but stable condition.

Police are investigating the case.

METRO

## Man dies playing hockey

A man died of a heart attack after he collapsed while playing hockey at about 10 p.m. Thursday night at the Sandy Hill Arena.

Ottawa paramedics attempted to resuscitate Ray Desjardins, 60, on the ice, but were unsuccessful.

METRO

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**On the web at metronews.ca**

**Guidy Mamann on why patience is sometimes the only option when dealing with sponsoring a newcomer to Canada. More at metronews.ca/immigration**

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Are you a bit of a music junkie? Then thank your friend, dopamine. Scan the code for the story.

# Arizona massacre highlights toxic politics in U.S.

## Congress member Gabrielle Giffords fights for life in hospital ◐ Palin posts condolences on facebook

The attempted assassination of an Arizona Democrat who backed Barack Obama's health-care overhaul and opposed her state's controversial illegal immigration crackdown has ignited debate about the toxic rhetoric plaguing the nation's political discourse.

U.S. Congresswoman Gabrielle Giffords was fighting for her life yesterday in a Tuscon hospital, but was expected to survive after she was shot in the head at point-blank range a day earlier while meeting with constituents outside a grocery store.

She was the primary target of a 22-year-old suspect now in custody; six others, including a federal judge and a nine-year-old girl who was born on Sept. 11, 2001, were killed. Another suspect was being sought yesterday by the FBI.

In the hours following the shooting, a disturbing array of information emerged about Jared Lee Loughner, a self-described Adolf Hitler fan with a loathing of government. Revelations that he was a "political radical" angry at government resulted in almost immediate political ramifications.

SUSAN WALSH/THE ASSOCIATED PRESS

▶ Gabrielle Giffords

Leading congressional Republicans said they would postpone plans to vote on repealing Obama's health-care legislation this week in Congress. The website of Sarah Palin's action committee also removed a map of the U.S. that featured Giffords' congressional district, along with several others, placed under crosshairs.

Giffords personally complained last year about the map, and Palin, known for her "don't retreat, reload" slogan.

"The way that she has it depicted has the crosshairs of a gun sight over our district; when people do that, they have got to realize there are consequences," Giffords said in March.

Indeed, Giffords' support of so-called Obamacare made her a popular target of Palin and Tea Party members last year. In March, after the health-care legislation passed, her Arizona office was vandalized.

THE ASSOCIATED PRESS

# Montreal mom calls for nurse-in

Supporters are rallying behind a Montreal mother who was asked to stop breastfeeding her five-month-old baby in the play area of a downtown children's store.

Shannon Smith was shopping at a store called Orchestra this week when her infant got hungry, so she began to nurse him in a semi-secluded seating area for kids.

A store clerk approached soon afterward, Smith said, instructing her and another mother who was breastfeeding nearby to stop.

Smith told the clerk she had a right to breastfeed in the store, and asked to speak with a supervisor. She got the same answer.

Smith's blog post about the incident has spread quickly online, and supporters are planning to stage a nurse-in at the store later this month.

THE CANADIAN PRESS.

**"It's shocking to me that in 2011, people still have an attitude that women shouldn't breastfeed in public."**
SHANNON SMITH

▶ Former U.S. president Jimmy Carter and former UN Secretary General Kofi Annan in Juba, Sudan.

## SUDAN GOES TO THE POLLS IN REFERENDUM

Around four million Southern Sudanese voters have begun casting their ballots in a week-long referendum on independence expected to split Africa's largest nation in two.

South Sudan President Salva Kiir called the vote a "historic moment" as he cast his vote in front of a cheering crowd of hundreds of Sudanese voters lined up in front of the polling station, along with actor and Sudan activist George Clooney and U.S. Sen. John Kerry.

The oil-rich, mainly Christian south is widely expected to secede from the mainly Muslim north. The north has promised to let the south go peacefully if it votes to secede.

The referendum is part of a 2005 peace deal that ended a two-decade civil war in which over two million died.

U.S. President Barack Obama said yesterday the world is watching the vote.

Writing in The New York Times, Obama said that not every generation has the opportunity to "turn the page on the past and write a new chapter in history."

"Yet today after 50 years of civil wars that have killed two million people and turned millions more into refugees this is the opportunity before the people of southern Sudan," he said.

THE ASSOCIATED PRESS

# Canadian forces step up efforts in Panjwaii

It has long been Canada's problem child in Kandahar.

The Panjwaii district has vexed the military brain trust for years. It is the cradle of the Taliban movement, the insurgency's spiritual heartland. Many Taliban fighters hail from the district's dominant Noorzai tribe, so the sympathies of villagers do not always lie with foreign forces.

It is one of the last three districts of Kandahar still under Canada's watch. The other districts, Dand and Daman, are relatively stable by comparison — "relatively" being the operative word.

So with seven months left on Canada's combat clock, time is running out to pacify the Panjwaii.

Canadian troops are in the midst of a massive effort to do just that.

STEVE RENNIE//THE CANADIAN PRESS

▶ Canadian soldiers move through the village of Khenjakak in southern Afghanistan.

Soldiers have recently stepped up their searches for hidden caches of enemy weapons. Crews are building a major road through the district. Troops are fanning out across Panjwaii. They are holding ground where they haven't before. Afghan and Canadian forces are striking villages, scattershot, to keep the insurgents off-kilter.

THE CANADIAN PRESS

### Hearts and minds

**Canadians have stepped up their use of psychological warfare in Panjwaii.**

- Radio ads, billboards and leaflets urge locals to point out improvised explosive devices.
- PsyOps teams venture into the villages, hoping to win local trust and support.

# 71 people dead in Iranian plane crash

An IranAir passenger jet carrying 106 people crashed as it was making an emergency landing yesterday in a snowstorm in the country's northwest and broke into several pieces, killing 71 of those on board, Iranian media reported. The others survived with light injuries.

The pilots of the Boeing-727, operated by Iran's national airline, attempted the emergency landing in the city of Orumiyeh after reporting a technical failure to the control tower, the semiofficial Mehr news agency reported, quoting a government official.

THE ASSOCIATED PRESS.

# Raising the bar in Greek protests

Activists angry at rising charges for highway tolls occupied 19 toll stations across Greece for two hours yesterday, raising the bars and letting vehicles pass through without paying.

THE ASSOCIATED PRESS

THANASSIS STAVRAKIS/THE ASSOCIATED PRESS

▶ Protestor in Greece

# Mexico drug violence escalates

The image of Acapulco has taken a new hit from Mexico's drug violence, with 27 people killed in less than a day, including 14 men whose bodies were found with their heads chopped off at a shopping centre.

The beach Mecca has seen fierce turf wars between drug gangs, scaring some vacationers away even though most of the killings were not in tourist areas.

The 14 headless bodies, and a 15th intact corpse, were accompanied by written warnings from a drug cartel, authorities said. THE ASSOCIATED PRESS

# No Baffinland deal yet for ArcelorMittal

- Demand for iron ore has returned since the recession
- India and China's economies also back in high gear

The standoff between the world's largest steelmaker and a private equity fund over Baffinland Iron Mines Corp. appears headed for a stalemate.

A takeover offer by ArcelorMittal was set to expire at midnight tonight, but whether the company was going to receive enough shares to cement its bid was unclear.

And that's just fine for former Baffinland chief executive Gordon McCreary, who welcomes any delay as he works to put together a third option with an unidentified Chinese firm.

"Time is my biggest enemy in terms of trying to attract the Chinese to move on this," says McCreary, who is expected to head to China this week to talk to his potential investor.

McCreary, who stepped down from the Baffinland board in November after ArcelorMittal's friendly deal was announced, believes both of the current offers greatly undervalue the company's potential.

The two current potential buyers are fighting to control Baffinland's Mary River project on northern Baffin Island, about 1,000 kilometres northwest of Iqaluit. It contains 865 million tonnes of iron ore reserves in three deposits. In exploration this year, Baffinland identified six other potential deposits.

Luxembourg-based ArcelorMittal has been building up its iron ore reserves as it seeks to protect itself against price increases in the metal.

THE CANADIAN PRESS

**Baffinland**

**ArcelorMittal has offered $1.40 per share in a deal that values the company and the massive Mary River iron ore project deep at about $550 million.**

**Nunavut Iron** has offered $1.45 per share plus a fraction of a warrant, but it only wants to take control of the company by increasing its stake in Baffinland to 60 per cent.

**Storage.** For life

▶ Kai Pommerenke shows off his website and the books he used for build his site at his home in Santa Cruz, Calif.

PAUL SAKUMA/THE ASSOCIATED PRESS

## Forever and ever?

**Kai Pommerenke, a University of California, Santa Cruz, economist, last month launched a non-profit he calls the first online storage service to guarantee your data forever. Chronicle of Life charges one dollar per megabyte of data stored.**

## Industry Canada panel looks at payday loans

Ottawa has joined the provinces to look for cheaper alternatives to controversial "payday" loans, as Canada's mainstream financial institutions largely ignore the fringe credit market for low-income workers. THE CANADIAN PRESS

## Market moment

PRICES AS OF 5 P.M. YESTERDAY

| TSX | Oil |
|---|---|
| – 39.37 (13,272.30) | – $0.35 US ($88.03 US) |
| **Dollar** | **Natural gas** 1,000 cu ft $4.42 (–12¢) |
| + 0.52¢ (100.83¢ US) | **Gold** contracts $1,368.90 (– $2.80) |

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# LAURIER BIKE LANES WORTH TEST DRIVE

**Urban Compass**

**STEVE COLLINS**

**You could be forgiven for having other things on your mind these slushy, parka-bound days than a bracing bike ride through downtown Ottawa.**

By this spring, though, cyclists could find their commute through the core a bit less hair-raising, with segregated bike lines along both sides of Laurier Avenue from Elgin Street to Bronson Avenue.

The cost, $1.3 million, is a smudge compared to megaprojects like Lansdowne Park or light rail, and we could actually see it in months instead of years if the transportation committee and council give the go-ahead this winter.

Making room for cyclists on the road necessitates taking some of it back from motorists, and that's generating some understandable resistance. The Bank Street BIA has come out against the plan with a written report that raises issues about its safety and practicality, but barely disguises an overriding worry about downtown parking,

According to the city's draft report, the Laurier Avenue lanes would eliminate 124 on-street parking spaces, but 96 new ones would be opened up on adjacent streets, a net loss of a mere 28 spaces.

The project also calls for more bicycle parking along Laurier, which could draw more shoppers, but the local businesses for some reason, which also had a similar proposal for Somerset last year, don't seem to see cyclists as potential customers.

**"The point is to try it out for at least 18 months and see if we like what it does for downtown."**

Not even all cycling advocates believe segregated lanes are the way to go. One group, the Coalition for Responsible Cycling, has been particularly vocal in its opposition to segregating cyclists from the rest of traffic. It's an engineering solution, it says, to a problem better addressed by better-educated, more skilled cyclists integrated with the traffic flow instead of segregated from it.

The group also points out that there is still the potential for trouble at intersections, where bike and vehicle lanes cross each other, but countermeasures have been included in the plan, including banning right turns at red lights and providing advance signals for cyclists.

Certainly, there will be rough patches, but this is a pilot project. The point is to try it out for at least 18 months and see if we like what it does for downtown.

The city, in plan after plan, has touted the importance of encouraging more active transit in the interests of better air quality, public health and livability. It would be disappointing to see quibbles over a few parking spots keep us from even test driving this idea.

**Cartoon**

MICHAEL DE ADDER

# Info not so free: Study

**Worth mentioning**

A new study ranks Canada dead last in an international comparison of freedom of information laws — a hard fall after many years being judged a global model in openness.

The study by a pair of British academics looked at the effectiveness of freedom of information laws in five parliamentary democracies: Australia, New Zealand, Ireland, the United Kingdom and Canada. New Zealand placed first and Canada last.

The authors criticized Canadian FOI law as an antiquated system that generally prevents citizens from filing requests electronically and compels them to submit paper cheques to cover fees.

As freedom of information came to be regarded as a building block of modern governance, countries around the globe would often seek Canada's advice on how to implement such legislation. But today, with more than 70 countries on the FOI bandwagon, Canada has become a laggard — and, paradoxically, an occasional source of advice on how not to implement freedom of information, says Canada's information commissioner Suzanne Legault.

"I'm not surprised that they ranked Canada last," she said of the latest study. "We were seen as the leaders ... We have fallen behind." THE CANADIAN PRESS

**Falling behind**

**What's your least favourite day of the week? Why?**

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# Metro Minute on the Rideau Canal

Strap on your skates! The Rideau Canal Skateway, the world's longest skating rink, finally opened for the season Saturday after weather delays.

Skate rentals, changing facilities and hot drinks are all available on the canal surface. So far, only the 2.4-kilometre section between the Pretoria Bridge and Bank Street Bridge is currently open, but as ice conditions improve, the National Capital Commission intends to open the entire 7.8-kilometre stretch from Rideau Street to the Hartwell Locks for winter fun.

Watch for the outdoor photo exhibit at Dow's Gallery later this month. For daily updates on ice conditions, call 613-239-5234.

METRO

SEAN MCKIBBON/METRO

▶ Sebastian Shinwell, 22, of Toronto and Alexandra Mogyoros, 24, were among the throngs of skaters flocking to Ottawa's longest skating rink.

2 scene

# Controversial series looking for a home

CENTRAL IMAGE AGENCY

▶ Katie Holmes is pictured with her daughter, Suri, leaving the set of The Kennedys.

- TV show about the Kennedy family won't air on History channel
- Eight-part series starring Katie Holmes faced major backlash

After the History channel said it would not air a controversial miniseries on the Kennedy family, producers were already seeking another television home.

The Showtime pay cable network has been approached to air the eight-part series, a spokesman said on Saturday.

Eight years ago, Showtime aired a movie about President Reagan that CBS had made but decided not to broadcast when it faced pressure from some of that former president's family.

Showtime won't make a decision about the Kennedy miniseries until its executives have a chance to see it, spokesman Richard Licata said.

The multi-million dollar miniseries, which stars Greg Kinnear and Katie Holmes as John and Jackie Kennedy, was History's most expensive project ever.

But the network issued a statement late Friday saying that after watching the finished product, "we have concluded this dramatic interpretation is not a fit for the History brand."

Producers have sold the rights to air the series in other countries, including Canada.

The producers, Muse Entertainment and Asylum, said in a statement they were confident television viewers in the U.S. would have a chance to see the series, though a concerted effort was made to quash it.

Liberal filmmaker Robert Greenwald collected 50,000 petitions urging History not to air it, and he produced a short film condemning the project on a website, stopkennedysmears.com.

He had been given an early script, which included one scene where President Kennedy tells his brother Robert about his need to have sex with other women.

Former Kennedy aide Theodore Sorensen also harshly condemned the film, saying scenes in the script where he was depicted didn't actually occur.

THE ASSOCIATED PRESS

**Did you know?**

▶ This year marks the 50th anniversary of the first year of Kennedy's presidency.

## Box office

True Grit has seized the reins at the weekend box office with $15 million, taking the No. 1 spot and becoming the first Western to top the $100 million mark since the 1990s. The film, starring Jeff Bridges and Matt Damon, bumped off Robert De Niro and Ben Stiller's comedy Little Fockers, which was No. 1 the previous two weekends.

THE ASSOCIATED PRESS

PBS may revisit Loud family to coincide with HBO film

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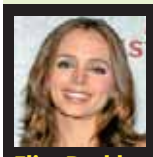
## Celebrity tweets

**Paula Abdul** [@Paula Abdul] you may tweet people that don't get back to you right away. PLEASE understand that they're HUMAN. they do what they can & that's enough.



**Eliza Dushku** [@elizadushku] Diggin' the Las Vegas CES digital world..! Meeting MAD peeps & peeping CRAZY new gadgets.

**Conan O'Brien** [@Conan OBrien] After seeing "Black Swan" last night, I no longer think I have what it takes to be a great ballerina.

# Justin Bieber talks love life (or not)

### Pop singer shoots down questions about Selena Gomez ◐ He says Cheryl Cole is 'too old' for him

ALL PHOTOS GETTY IMAGES

Justin Bieber is getting touchy about questions about his love life. When a reporter from Heat pressed him on rumors about he and Selena Gomez dating, the Canadian teen star interrupted, saying, "I think that question is just asked way too much," Bieber said.

"I'm not going to be able to have a personal life if I keep being asked that question. So I'm not answering that question ever again."

And when the reporter asked him about a possible crush on X-Factor star Cheryl Cole, Bieber was equally combative. "Well, first of all, it would be illegal cause she's, like, too old," he said. "My mom's 35, so she's closer to my mom's age than she is mine." METRO

▶ Justin Bieber is reluctant to discuss romance rumours.

# Arquette gone wild?

David Arquette's decision to check into rehab was apparently preceded by an impressive fall while partying at a bar, according to Page Six.

"David has not handled the split (from Courteney Cox) well. He's been drinking heavily and just went wild," a source says. "At Trousdale, he got wasted and tried to do the worm, but ended falling on his face and smashing up his nose. There was blood everywhere."

After the accident, Arquette reportedly hopped a private plane to continue partying in Miami, where sources say he refused to take off a "Lone Ranger-style mask" that hid the swelling from his accident. METRO

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3 life

**Many tweens and teens are refusing to put on coats, even in freezing temperatures**
**Experts say girls may feel uncool, while boys may be dealing with developing masculinity**

SHELLEY ROGERS LANDES/ THE ASSOCIATED PRESS

Many tweens are wearing sweatshirts and shorts year-round and are so insistent that some parents have given up the winter wear fight.

# Winter is about snow and coatless tweens?

Among the great spectacles of winter, along with the northern lights and frozen lakes, are coatless kids.

For example, Jack Rogers, 12, of Fishers, Ind., was wearing shorts last week.

**"(I've seen) girls and boys with sweatshirts and sneakers in a blizzard..."**
**AUTUM O'BRYAN, PARENT OF ONE**

"I have to pick and choose my battles," says Jack's mom, Shelley Rogers Landes. "I need to let him make decisions that really are inconsequential at the end of day."

Jack explained his reasons for dressing light in winter: "Coats are just a hassle, putting it all on. It makes me bulky. I just like to be in short sleeves."

Carleton Kendrick of Millis, Mass., a family therapist, says that for teens, "wearing bulky winter coats, gloves, boots and hats screams nerd, geek, baby, dork ... UNCOOL!"

Kevin Nadal, an assistant professor of psychology at John Jay College of Criminal Justice in New York City, says, "boys at this stage are dealing with developing their masculinity. So in many ways, toughing it out by not wearing warm enough clothes may be a way for them to appear manly."

Some parents, however, refuse to capitulate to the "dress-like-it's-June" mentality.

"It is worth the fight," said Mara Woloshin, mother of a 14-year-old in Portland, Ore.

"Kids will work to wear parents down. At the same time, very few parents know that a gentle 'no way' goes a long way toward gloves and a hoodie.

"It's our job as parents to make men out of boys and try to civilize them in the process!"

Dr. Art Strauss of Alaska says frostbite is seen most often among people who are unprepared for extreme cold. He adds that tourists in Alaska who watch the Northern Lights but fail to cover their ears sometimes develop "Dumbo ears" — severe swelling, blistering and redness.

"This should make any teen with any shred of vanity wish to wear a hat in colder temperatures," Strauss said.
**THE ASSOCIATED PRESS**

## Laundry tips

This winter, follow these laundry tips and tricks on how to best care for winter fabrics, so you can leave the house feeling warm, cosy and fashionable.

- Soften rough fabrics by washing clothes with Ultra Downy Free & Sensitive, a liquid fabric softener that is free of dyes and perfumes.
- Be sure to clean your winter jacket pockets of tissues and lip balm before loading into the washing machine.
- Mittens, hats and scarves need to be washed just as often as our other clothing.
- Wash fleece clothing inside-out and machine-dry on low to keep it soft and prevent pilling.

**NEWS CANADA**

Innovative product winners from Good Housekeeping include corckscrew bobby pin.

## Keep winter wear cosy with proper care

There is nothing like cosying up in a warm sweater during the chilly winter months, but winter clothing can often need special care to look its best.

Whether it's treating a hot chocolate stain or airing out smelly hockey gear, laundry can be especially challenging when winter comes around.

Battle those mounting laundry piles with these useful tips to ensure your winter wear stays fresh.

**Blow the whistle on hockey equipment**
Kids across the country wait all year long for hockey season to begin so they can get back on the ice.

But hockey season also means the return of the dreaded hockey bag smells.

After practice or a game, be sure to find a place to air-out hockey gear overnight before washing. This defensive play will help avoid set-in smells.

**Stay soft**
As the season changes, so do the feel and texture of our clothes.

Parents can face day-to-day challenges trying to get their kids into warm — but often scratchy and rough — winter gear.

For those parents wanting softer clothes without added perfumes, try using a fabric softener without dyes or fragrances. It still does the job without the pungent smell.

**Tackle laundry piles**
Condensing your whole family's laundry into darks, lights and delicates will help you assess your laundry load for the week.

Teach your kids to take their dirty clothes to a master area each night.

If your children are old enough, teach them to share in household chores by learning to be a laundry expert. It can be a chance for them to take on new responsibilities. **NEWS CANADA**

NEWS CANADA

Winter clothes often require special care.

# Spotlighting P.E.I.'s people, places and food

DARREN CALABRESE/THE CANADIAN PRESS

▶ Chef Michael Smith's web series features him exploring his home province and cooking simple dishes.

## Chef Michael Smith stars in Food Country, a new web series

Chef Michael Smith is putting his home province in the spotlight with a new online web series featuring the people, places and foods of Prince Edward Island.

The Food Network Canada star is teaming with the Culinary Alliance of Prince Edward Island to produce Food Country.

The 24-episode series features Smith as he sources ingredients throughout P.E.I. and returns to his kitchen to cook and create delicious dishes.

A new episode will launch each week, alternating between "field" and "kitchen" episodes.

The field features will see Smith visiting potato farms, vegetable farms, beef farms, oyster beds, local markets and a vodka distillery, or heading out onto the water aboard a lobster boat.

Meanwhile, in the kitchen, he will transform ingredients that he discovers into simple dishes.

The debut episode features Smith visiting the vegetable farm Brookfield Gardens.

"We're showing the world what a special food destination we are, how food is woven into the tapestry of our culture and why we're worth a special visit," Chef Smith said in a release.

THE CANADIAN PRESS

**Chef Michael Smith Online**
**To get more information about the show, check out foodcountry.ca.**

ISTOCK IMAGE

## Garlic Steamed Broccoli

### Preparation:

1. Cut the broccoli into small florets. Trim the stalk bottom and discard. Cut the remaining stalk into thin slices.
2. Splash enough water into a small sauce pot to cover the bottom, about 1/4 inch (5 mm) deep. Add the sliced broccoli stems, oil, garlic and salt. Begin heating over medium-high heat.
3. When water starts to simmer, the garlic will lose much of its pungency and perfume the steam. Add the broccoli florets and cover pot with a tight lid.
4. Steam until the broccoli is tender and bright green, no more than five minutes. The water will finish evaporating just as the broccoli finishes cooking.
5. Remove the pan from the heat and give it a good shake before tossing the broccoli with the oil and garlic. Serve immediately. THE CANADIAN PRESS

### Ingredients:

- 1 head of broccoli
- A splash of olive oil
- A clove or two of thinly sliced garlic
- A splash of water
- A sprinkle or two of salt and pepper

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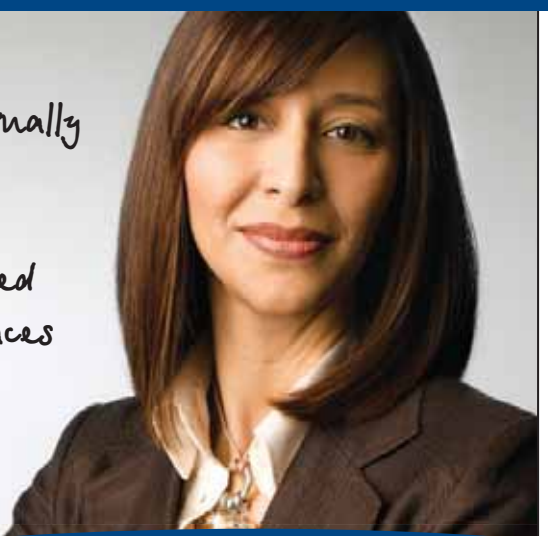

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*Leena Lakdawala, Queen's MBA*
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## $H_2O$ social media

**Everything's going digital – even how we monitor our water use. Here's some apps and online tools to get the know-how on looking after our $H_2O$.**

**Water Buddy** Everyone is talking about reducing personal water consumption. This iPhone app keeps a record of your water meter readings and suggests ways to limit your usage.

**Water Footprint Calculator** With a little help from this cartoon duck, National Geographic has set up an online water calculator to help measure usage across various areas.

**Virtual Water** This nifty app shows how much freshwater is used to produce some everyday products. Who knew that 500 grams of barley needs some 650 litres of water to grow?

ANTHONY JOHNSTON

GETTY IMAGES

▶ Is this your way of getting the best out of water?

# A water footprint

We've all heard of our carbon footprint — the measure of how much $CO_2$ is emitted into the atmosphere due to our daily lifestyle. But what about our water footprint? Many industries have been talking about how to conserve water, and are doing it just in the nick of time: The UN predicts that two-thirds of us will experience water shortages by 2025.

At home, we have a water meter, which records only a small fraction of a country's usage. The rest — used in industries — remains a bit of a mystery, a concept known as "embedded water."

Unfortunately, scientists don't yet have a standardized way to measure the impact of this embedded water. Unlike carbon, some uses of water are much more destructive than others. There's a big difference between a factory using water for cooling and one that mixes toxic chemicals with water. The key issue is what we do with it. California's Pacific Gas & Electric was recently ordered to do more tests on water they had contaminated in a scandal dramatized in the movie Erin Brockovich.

MICHAEL GRAHAM RICHARD

## Queen of Green

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# RECYCLING A CHILD'S SEAT

**All car seats are stamped with an expiration date, but what's a family to do with old, expired car seats? We have three sitting in our garage, and our regular recycling program won't take them. I hate to think of dumping them into the landfill because it seems so wasteful. Any suggestions? - *Melanie of St. Albert, Alberta***

I must admit this question initially had me stumped. I'd never heard of anyone recycling a child's car seat before. And after a few inquiries I now understand why. It's near impossible.

The City of Edmonton's "Wasteman" informed me that child seats aren't recyclable because they contain too many types of materials — plastic, metal and cloth. However, one lead uncovered a recycler in Alberta called Kidseat Recyclers that accepts expired car seats. The bad news (for you) is that they're in Calgary. I'd suggest getting in touch with Kidseat Recyclers to find out if they do collections outside of Calgary, or if they know of any businesses planning to expand this service.

Calgary residents can visit kidseatrecyclers.ca for more information about recycling expired seats at various Round-Up Clinics or Inspection Clinics. Kidseat charges a recycling fee of $7 per car seat and an additional $2 for the base. You must also remove all fabric, foam and webbing.

Also, the Recycling Council of B.C. (604-RECYCLE) suggested Pacific Mobile Depots pacificmobiledepots.com, which sets up a depot in Vancouver, North Vancouver and Coquitlam every third Saturday of the month from 9 a.m. until noon.

David Suzuki Foundation

# HIS COMPETITION HAS TRULY GONE WITH THE WIND

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**TERESA KRUZE**
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The winds of change are blowing through the wireless communications industry. Can you feel it?

WIND Mobile is the brainchild of 36-year-old entrepreneur Anthony Lacavera. He is out to change the wireless industry in Canada and challenge the way Bell, Rogers and Telus do business. Lacavera puts it simply: "It's time someone shook them up."

If you want to run with the big boys you have to create your own turning point.

After months of persistent phone calls Lacavera finally found himself in front of Egyptian wireless billionaire Naguib Sawiris.

After hearing Lacavera's pitch, Sawiris decided he liked the passionate Canadian. Lacavera suddenly had the $700 million dollars in capital he needed to push Globalive to the next level.

WIND Mobile launched in December of 2009 and now has over 100,000 new customers.

"My dream is for Globalive to become the fourth largest telecommunication company in Canada."

**Anthony's advice**

- Building a business has up and down moments — in a down moment I always try to focus on the things I've done that have led to the up moments.
- Whenever I meet an extraordinary person, I try to think of a way to make it exciting for them to join our team!
- I have learned not to go after every great idea that I come across. It is so important to stay focused on what you do well and build from there.
- Always make time for yourself to do whatever you enjoy no matter how much work you have to do.

▶ Anthony Lacavera, mastermind of WIND Mobile, earned a $700 million investment thanks to a passionate pitch.

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Famiy Literacy Day is just around the corner
Dust off that old paperback and lavish in all things literature

# Resolve to read

This year, make a resolution for lifelong learning with these literacy tips from ABC Life Literacy Canada.

**• Take a course or upgrade your skills.**
People with higher literacy skills earn more income, are less likely to be unemployed and are more likely to find full-time work. To find help with reading, writing and math, visit www.LookUnderLearn.ca.

**• Exercise your mind.**
Challenge yourself by doing the daily crossword or Sudoku puzzle.

**• Read aloud together, no matter how old you are.**
Reading ability is like a muscle. If you don't exercise it often, you may not be able to maintain the same level of reading ability as you age. Encourage all family members to read and discuss items from newspapers and websites to keep up-to-date on what is happening around the world.

**• Write on.** Keep a journal to express your thoughts and help polish your writing skills. Or, send a handwritten letter or thank you note to a friend, family member or co-worker.

**• Teach kids how to save.**
Take time to open a savings account for your child. Consider seeding it with a few dollars and then have them put a portion of their allowance or earned money in the account. This is a great way to get them in the healthy habit of saving and thinking about achieving financial goals.

**• Give the gift of words.**
Need inspiration for birthday, wedding or anniversary gifts this year? Why not give magazine subscriptions, books, or make a donation to a literacy organization in your community?

**• Start a book club.**
Spend time with some of your favourite people talking about some of your favourite characters. Go online for tips on how to get started.

**• Be a mentor.** Offer to proofread homework or verify math answers after your child has done the work.

**• Participate in Family Literacy Day.** On January 27, 2011, thousands of Canadians will take part in Family Literacy Day events in schools, libraries, literacy organizations and homes across the country. You can find out how to join in at familyliteracyday.ca. NEWSCANADA

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## 67's player records his 200th point in win

Tyler Toffoli had three goals and an assist as the Ottawa 67's earned a big 6-4 win over the Owen Sound Attack in Ontario Junior Hockey League action yesterday.

The four points give Toffoli an even 200 for his OHL career. He is in his third season with the 67's.

Shane Prince had a goal and three assists for Ottawa (28-11-2), while Ryan Martindale had three assists as the 67's top line combined for 11 points. Thomas Nesbitt and Adam Sedlak also scored, while Travis Gibbons and Cody Ceci chipped in two assists apiece from the back end.

Joey Hishon had a goal and three assists for the Attack (25-13-2) while Liam Heelis, Cameron Brace and Jesse Blacker had a goal each.

Toffoli may have had more points if he hadn't taken a 10-minute misconduct penalty late in the first period. He certainly made up for it on his return.

"I was very much motivated after taking the misconduct, had a big hit and then found some room on the goals," said Toffoli,

"Two hundred points means a lot, especially with this organization, but winning is always the most important thing to me."

THE CANADIAN PRESS

## Raptors outgun Kings

| 118 | 112 |
|---|---|
| RAPTORS | KINGS |

DeMar DeRozan and Andrea Bargnani are becoming a solid 1-2 scoring punch for the Toronto Raptors.

Bargnani led with 30 points and DeRozan was close behind with 28 in a 118-112 victory yesterday over the Sacramento Kings at the Air Canada Centre.

DeRozan, who took over as the Raptors' big scorer when Bargnani was injured, has continued to impress since Bargnani returned Jan. 4 after missing four games with a strained calf.

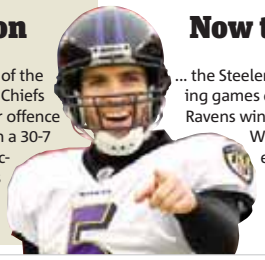
THE CANADIAN PRESS

# Wild weekend as playoffs begin

- Seahawks stun Saints, while three other teams get wins on the road
- Here's a look at the opening-round results, and next week's matchups

### How they won

Ray Lewis, Ed Reed and the rest of the battle-tested Ravens rattled the Chiefs into five turnovers and held their offence to 25 yards in the second half in a 30-7 playoff victory yesterday. Joe Flacco threw two touchdown passes and Billy Cundiff kicked three field goals.



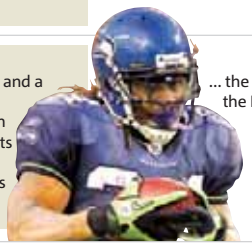
### Now they face ...

... the Steelers. They split two bone-crushing games during the season, with the Ravens winning 17-14 at Pittsburgh in Week 4, the last game of Steelers quarterback Ben Roethlisberger's suspension. The Steelers took the rematch, 13-10.

Aaron Rodgers threw three touchdown passes, seldom-used rookie James Starks ran for 123 yards, and the Green Bay Packers beat Michael Vick and the Philadelphia Eagles 21-16 in an NFC wild-card game yesterday.

... the Falcons. Atlanta (13-3) is the top seed in the NFC, and beat Green Bay 20-17 in November at home. Now the two teams will meet again in Atlanta.

Pete Carroll, Matt Hasselbeck and a Seattle team no one believed deserved to be in the post-season pulled off one of the biggest upsets with a 41-36 victory over the defending champion New Orleans Saints on Saturday.



... the Bears. Seattle is familiar with the Bears (11-5), having defeated them 23-20 in Chicago in Week 6.

Nick Folk kicked a 32-yard field goal as time expired Saturday night, giving the New York Jets a 17-16 playoff victory over Indianapolis. The Colts (10-7) beat the Jets for the AFC title a year ago.

... the Patriots. The last time they met, the Patriots won 45-3 in a prime-time romp. In Week 2, though, the Jets won 28-14. "We've been wanting the Patriots for a while now," tight end Dustin Keller said. "Ever since that game."

THE ASSOCIATED PRESS

# The point is offence for BCS title

Steve Spurrier, the football coach who knows a little about offence, said the game could wind up 60-55.

Kirk Herbstreit, the TV analyst who knows a little about these teams, said defences must bristle when they keep hearing about scores in the 55-53 range.

The bookmakers in Las Vegas, who don't throw out their numbers just for fun, envision something more like 38-35.

There's a reason Auburn and Oregon are playing in the BCS national title game tonight.

These are two newcomers to the championship scene, both with offences that, almost literally, never take a break. Auburn has Cam Newton, the Heisman Trophy winner who led the Southeastern Conference in rushing, passer efficiency and scoring. Oregon has LaMichael James, the key to an offence that likes to snap the ball nine to 11 seconds after the end of the previous play, and one that scores a nation-high 49.1 points per game.

"We're anticipating it being very quick, obviously, from the things that we've heard," Auburn coach Gene Chizik said. "But we're prepared for that."

Auburn has been pummelled all season with questions about Newton's status, the result of a meandering investigation into allegations that his father was involved in a failed pay-for-play scheme during Newton's recruitment to Mississippi State.

The NCAA cleared Newton to play shortly before the SEC title game, and with the Tigers confident — at least for now — they won't have to give back the crystal ball if they win it, the most notable thing to pass for controversy this week has been the debate over whether Auburn defensive lineman Nick Fairley is a cheap-shot artist.

Fairley, the Lombardi Award winner as the nation's best lineman, has brandished a reputation for playing very hard through the whistle, and sometimes beyond.

THE ASSOCIATED PRESS

**Cam Newton**

Dealing with Auburn QB Cam Newton will be key for the Ducks.

- The Ducks play about 24 defensive players to keep them fresh, but it doesn't make them any bigger.
- Only five players on Oregon's two-deep defensive depth chart weigh more than the 250-pound Auburn quarterback.
- Newton rushed 1,409 yards, threw for 2,589 and accounted for 49 touchdowns.
- Heisman Trophy winners have gone 2-6 in BCS title games after they won the award, so the Ducks do have that going for them.

THE ASSOCIATED PRESS

## 4 sports

### Sports in brief

**1** Flames forward Tom Kostopoulos was given a six-game suspension.

**2** David Beckham's proposed loan to Tottenham fell through because of insurance issues.

**3** Jerome Bettis Curtis Martin, Marshall Faulk, and Deion Sanders are among 15 finalists for the Pro Football Hall of Fame.

THE ASSOCIATED PRESS

Scan code for more sports

# NATIONAL HOCKEY LEAGUE

## EASTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| d-Philadelphia | 41 | 26 | 10 | 2 | 3 | 137 | 107 | 57 | 13-6-0-2 | 13-4-2-1 | 7-3-0-0 | W3 |
| d-Tampa Bay | 43 | 25 | 13 | 3 | 2 | 128 | 137 | 55 | 12-3-3-1 | 13-10-2-1 | 6-3-1-0 | L1 |
| d-Boston | 40 | 21 | 12 | 2 | 5 | 113 | 91 | 49 | 9-7-1-2 | 12-5-1-3 | 5-2-1-2 | L2 |
| Pittsburgh | 43 | 26 | 13 | 2 | 2 | 136 | 101 | 56 | 14-8-1-0 | 12-5-1-2 | 5-3-0-2 | L2 |
| Washington | 42 | 24 | 12 | 3 | 3 | 123 | 109 | 54 | 15-4-2-3 | 9-8-1-0 | 6-1-2-1 | W1 |
| NY Rangers | 43 | 25 | 15 | 2 | 1 | 126 | 107 | 53 | 10-8-1-1 | 15-7-1-0 | 6-2-1-1 | W3 |
| Atlanta | 45 | 22 | 16 | 3 | 4 | 140 | 140 | 51 | 11-8-1-2 | 11-8-2-2 | 3-5-2-0 | L2 |
| Montreal | 42 | 23 | 16 | 3 | 0 | 105 | 99 | 49 | 14-5-3-0 | 9-11-0-0 | 4-5-1-0 | W2 |
| Carolina | 41 | 20 | 15 | 2 | 4 | 121 | 123 | 46 | 9-7-1-1 | 11-8-1-3 | 5-3-2-0 | W2 |
| Buffalo | 41 | 18 | 18 | 5 | 0 | 113 | 119 | 41 | 9-10-1-0 | 9-8-4-0 | 5-4-1-0 | W2 |
| Florida | 40 | 18 | 20 | 1 | 1 | 109 | 106 | 38 | 8-8-1-1 | 10-12-0-0 | 4-4-1-1 | L3 |
| Ottawa | 42 | 16 | 20 | 4 | 2 | 93 | 126 | 38 | 9-12-1-1 | 7-8-3-1 | 3-4-2-1 | L5 |
| Toronto | 40 | 16 | 20 | 2 | 2 | 105 | 121 | 36 | 9-10-2-1 | 7-10-0-1 | 4-6-0-0 | W2 |
| NY Islanders | 40 | 13 | 21 | 3 | 3 | 94 | 130 | 32 | 7-7-1-2 | 6-14-2-1 | 6-3-0-1 | L1 |
| New Jersey | 42 | 11 | 29 | 1 | 1 | 78 | 133 | 24 | 7-13-1-1 | 4-16-0-0 | 2-8-0-0 | W1 |

## WESTERN CONFERENCE

| | GP | W | L | OTL | SL | GF | GA | Pts | Home | Away | Last 10 | Strk |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| d-Vancouver | 41 | 27 | 8 | 3 | 3 | 141 | 99 | 60 | 15-3-1-2 | 12-5-2-1 | 8-0-1-1 | L1 |
| d-Detroit | 42 | 27 | 10 | 4 | 1 | 145 | 118 | 59 | 13-5-3-1 | 14-5-1-0 | 7-2-1-0 | W3 |
| d-Dallas | 43 | 25 | 13 | 1 | 4 | 124 | 118 | 55 | 12-6-1-3 | 13-7-0-1 | 5-3-0-2 | W1 |
| Nashville | 41 | 22 | 13 | 4 | 2 | 106 | 97 | 50 | 10-4-3-2 | 12-9-1-0 | 5-5-0-0 | W5 |
| Chicago | 44 | 23 | 18 | 2 | 1 | 136 | 121 | 49 | 14-10-0-0 | 9-8-2-1 | 6-4-0-0 | W2 |
| Colorado | 42 | 21 | 15 | 6 | 0 | 139 | 134 | 48 | 11-8-3-0 | 10-7-3-0 | 3-5-2-0 | L2 |
| Anaheim | 44 | 22 | 18 | 2 | 2 | 116 | 123 | 48 | 14-7-0-1 | 8-11-2-1 | 5-5-0-0 | W1 |
| Los Angeles | 41 | 23 | 17 | 1 | 0 | 124 | 105 | 47 | 14-6-1-0 | 9-11-0-0 | 5-5-0-0 | W1 |
| Phoenix | 41 | 19 | 13 | 6 | 3 | 113 | 117 | 47 | 8-5-3-2 | 11-8-3-1 | 4-4-1-1 | L1 |
| San Jose | 42 | 21 | 16 | 4 | 1 | 119 | 117 | 47 | 10-7-2-1 | 11-9-2-0 | 5-5-0-0 | L3 |
| Minnesota | 42 | 21 | 16 | 1 | 4 | 107 | 118 | 47 | 10-10-0-2 | 11-6-1-2 | 6-3-0-1 | L1 |
| St. Louis | 40 | 20 | 14 | 2 | 4 | 107 | 112 | 46 | 14-6-0-2 | 6-8-2-2 | 5-4-0-1 | L3 |
| Columbus | 42 | 20 | 19 | 2 | 1 | 107 | 130 | 43 | 11-9-0-1 | 9-10-2-0 | 4-6-0-0 | L4 |
| Calgary | 42 | 18 | 20 | 1 | 3 | 112 | 123 | 40 | 11-8-0-1 | 7-12-1-2 | 4-5-0-1 | L3 |
| Edmonton | 40 | 13 | 20 | 1 | 6 | 101 | 138 | 33 | 7-11-1-2 | 6-9-1-3 | 2-6-0-2 | L1 |

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

**Yesterday's results**
Carolina 4 Atlanta 3 (OT)
New Jersey 6 Tampa Bay 3
Dallas 4 Minnesota 0
Chicago 5 N.Y. Islanders 0
San Jose at Anaheim
**Saturday's results**
Montreal 3 Boston 2 (OT)
Detroit 2 Vancouver 1 (SO)
Tampa Bay 2 Ottawa 1
Buffalo 2 Phoenix 1 (OT)
Los Angeles 6 Columbus 4
Minnesota 4 Pittsburgh 0
Nashville 2 San Jose 1
N.Y. Islanders 4 Colorado 3 (OT)
N.Y. Rangers 2 St. Louis 1
Philadelphia 2 New Jersey 1
Washington 3 Florida 2
**Tonight's games**
**(All times Eastern)**
Boston at Pittsburgh, 7 p.m.
Phoenix at St. Louis, 8 p.m.
Detroit at Colorado, 9:30 p.m.
Toronto at Los Angeles, 10:30 p.m.

## SCORING LEADERS

| | G | A | PT |
|---|---|---|---|
| Crosby, Pgh | 32 | 34 | 66 |
| Stamkos, TB | 31 | 26 | 57 |
| D.Sedin, Vcr | 25 | 29 | 54 |
| H.Sedin, Vcr | 9 | 45 | 54 |
| St. Louis, TB | 18 | 34 | 52 |
| B.Richards, Dal | 18 | 29 | 47 |
| Zetterberg, Det | 15 | 32 | 47 |
| Perry, Ana | 21 | 24 | 45 |
| Eriksson, Dal | 16 | 29 | 45 |
| Kopitar, LA | 15 | 30 | 45 |
| Ovechkin, Wash | 15 | 29 | 44 |
| Sharp, Chi | 24 | 18 | 42 |
| Byfuglien, Atl | 16 | 25 | 41 |
| Kesler, Vcr | 23 | 17 | 40 |
| E.Staal, Car | 20 | 20 | 40 |
| Duchene, Col | 16 | 24 | 40 |
| Datsyuk, Det | 12 | 27 | 39 |
| Lidstrom, Det | 11 | 28 | 39 |
| Backstrom, Wash | 11 | 27 | 38 |
| Havlat, Minn | 10 | 28 | 38 |
| Iginla, Cal | 17 | 20 | 37 |
| Heatley, SJ | 15 | 22 | 37 |
| Getzlaf, Ana | 13 | 24 | 37 |
| M.Richards, Pha | 13 | 24 | 37 |
| Selanne, Ana | 12 | 25 | 37 |
| Dubinsky, NYR | 16 | 20 | 36 |
| Giroux, Pha | 16 | 20 | 36 |
| P.Stastny, Col | 15 | 21 | 36 |
| Clowe, SJ | 11 | 25 | 36 |
| M.Koivu, Minn | 10 | 26 | 36 |
| Enstrom, Atl | 8 | 28 | 36 |
| Letang, Pgh | 6 | 30 | 36 |
| Semin, Wash | 18 | 17 | 35 |
| Toews, Chi | 16 | 19 | 35 |
| J.Williams, LA | 16 | 19 | 35 |
| Ladd, Atl | 14 | 21 | 35 |
| Hejduk, Col | 13 | 22 | 35 |
| Roy, Buf | 10 | 25 | 35 |
| J.Thornton, SJ | 10 | 25 | 35 |
| Ribeiro, Dal | 9 | 26 | 35 |
| Nash, Clb | 20 | 14 | 34 |
| D.Brown, LA | 17 | 17 | 34 |
| J.Carter, Pha | 16 | 18 | 34 |
| Malkin, Pgh | 15 | 19 | 34 |
| Briere, Pha | 21 | 12 | 33 |
| Franzen, Det | 18 | 15 | 33 |
| MacArthur, Tor | 12 | 21 | 33 |
| Grabovski, Tor | 17 | 15 | 32 |
| Plekanec, Mtl | 12 | 20 | 32 |
| Backes, StL | 11 | 21 | 32 |
| Visnovsky, Ana | 7 | 25 | 32 |
| Vanek, Buf | 16 | 15 | 31 |
| Skinner, Car | 13 | 18 | 31 |
| P.Kane, Chi | 12 | 19 | 31 |
| Malone, TB | 10 | 21 | 31 |
| Tanguay, Cal | 10 | 21 | 31 |
| Ruutu, Car | 9 | 22 | 31 |
| J.Johnson, LA | 4 | 27 | 31 |
| Ryan, Ana | 17 | 13 | 30 |
| Marleau, SJ | 15 | 15 | 30 |
| Neal, Dal | 14 | 16 | 30 |
| Versteeg, Tor | 12 | 18 | 30 |
| Yandle, Pho | 6 | 24 | 30 |
| Liles, Col | 5 | 25 | 30 |
| Kessel, Tor | 17 | 12 | 29 |
| Umberger, Clb | 14 | 15 | 29 |
| Leino, Pha | 9 | 20 | 29 |
| Boyle, SJ | 5 | 24 | 29 |
| Rafalski, Det | 2 | 27 | 29 |
| Couture, SJ | 19 | 9 | 28 |
| Smyth, LA | 17 | 11 | 28 |
| Lucic, Bos | 16 | 12 | 28 |
| Kulemin, Tor | 15 | 13 | 28 |
| Steen, StL | 14 | 14 | 28 |
| Tavares, NYI | 14 | 14 | 28 |
| Kunitz, Pgh | 13 | 15 | 28 |
| Cammalleri, Mtl | 12 | 16 | 28 |
| Doan, Pho | 10 | 18 | 28 |
| Kaberle, Tor | 1 | 27 | 28 |
| Morrow, Dal | 17 | 10 | 27 |
| Penner, Edm | 12 | 15 | 27 |
| Fleischmann, Col | 11 | 16 | 27 |

**Not including last night's games**

# TENNIS

## ATP CHENNAI OPEN

**At Chennai, India**
**Singles**
**Championship**
Stanislas Wawrinka (3), Switzerland, def. Xavier Malisse (7), Belgium, 7-5, 4-6, 6-1.
**Doubles**
**Championship**
Mahesh Bhupathi and Leander Paes (1), India, def. Robin Haase, Netherlands, and David Martin, U.S., 6-2, 6-7 (3), 10-7 tiebreak.

## ATP-WTA BRISBANE INT'L

**At Brisbane, Australia**
**Men**
**Singles**
**Championship**
Robin Soderling (1), Sweden, def. Andy Roddick (2), U.S., 6-3, 7-5.
**Doubles**
**Championship**
Lukas Dlouhy, Czech Republic, and Paul Hanley (3), Australia, vs. Robert Lindstedt, Sweden, and Horia Tecau (4), Romania, 6-4, retired.

## WTA MOORILLA HOBART INT'L

**At Hobart, New Zealand**
**Singles**
**First Round**
Roberta Vinci (4), Italy, def. Romina Oprandi, Italy, 7-6 (0), 6-3.
Sara Errani (7), Italy, def. Anna Chakvetadze, Russia, 7-6 (5), 6-3.
Angelique Kerber (8), Germany, def. Kimiko Date-Krumm, Japan, 7-5, 7-6 (3).
Ayumi Morita, Japan, def. Akgul Amanmuradova, Uzbekistan, 3-6, 6-1, 7-6 (3).

## ATP-WTA MEDIBANK INT'L

**At Sydney, Australia**
**Women**
**Singles**
**First Round**
Kim Clijsters (3), Belgium, def. Alexandra Dulgheru, Romania, 6-1, 6-2.
Svetlana Kuznetsova, Russia, def. Jelena Dokic, Australia, 6-2, 6-2.

# SKIING

## WOMEN'S SUPER-G

**At Alternmarkt-Zauchensee, Austria**
1. Lara Gut, Switzerland, one minute 12.82 seconds; 2. Lindsey Vonn, U.S., 1:13.35; 3. Dominique Gisin, Switzerland, 1:13.54 **Also: 9. Britt Janyk, Whistler, B.C., 1:14.26 30. Marie-Michele Gagnon, Lac-Etchemin, Que., 1:15.70. 35. Georgia Simmerling, West Vancouver, B.C., 1:16.87.**
**World Cup Super-G Standings**
**(after two races)**
1. Lindsey Vonn, U.S., 180 points; 2. Maria Riesch, Germany, 120; 3. Lara Gut, Switzerland, 100; 4. Dominique Gisin, Switzerland, 89; 5. Julia Mancuso, U.S., 75

**Overall World Cup Standings**
**(after 17 events)**
1. Maria Riesch, Germany, 923 points; 2. Lindsey Vonn, U.S., 827; 3. Elisabeth Goergl, Austria, 565; 4. (tie), Tanja Poutiainen, Finland, and Tina Maze, Slovenia, 480

## MEN'S SLALOM

**At Adelboden, Switzerland**
1. Ivica Kostelic, Croatia, one minute 50.90 seconds (55.24-55.66); 2. Marcel Hirscher, Austria, 1:51.16 (56.02-55.14); 3. Reinfried Herbst, Austria, 1:52.19 (57.68-54.51); 4. Mario Matt, Austria, 1:52.45 (58.07-54.38); **5. Michael Janyk, Whistler, B.C., 1:52.50 (56.74-55.76) Also: 17. Brad Spence, Calgary, 1:53.86 (58.78-55.08) 20. Trevor White, Calgary, 1:54.34 (59.00-55.34)**
**World Cup Slalom Standings**
**(after four races)**
1. Ivica Kostelic, Croatia, 253 points; 2. Andre Myhrer, Sweden, 204; 3. Marcel Hirscher, Austria, 196

**Overall World Cup Standings**
**(after 15 events)**
1. Ivica Kostelic, Croatia, 504 points; 2. Aksel Lund Svindal, Norway, 435; 3. Silvan Zurbriggen, Switzerland, 421

# TRANSACTIONS

## BASKETBALL

### NBA

PHOENIX SUNS—Signed G Zabian Dowdell to a 10-day contract.

## FOOTBALL

### NFL

OAKLAND RAIDERS—Voided the final year of CB Nnamdi Asomugha because he did not reach certain incentives, making him a free agent.

## HOCKEY

### NHL

LEAGUE OFFICE—Suspended Calgary F Tom Kostopoulos six games and announced he will forfeit $29,569.92 in salary for delivering a blow to the head of Detroit D Brad Stuart during Friday's game.
ANAHEIM DUCKS—Reassigned D John de Gray from Syracuse (AHL) to Elmira (ECHL).
ATLANTA THRASHERS—Recalled F Spencer Machacek and F Tim Stapleton from Chicago (AHL).
CAROLINA HURRICANES—Reassigned D Brett Carson to Charlotte (AHL).
COLUMBUS BLUE JACKETS—Assigned D Mike Commodore to Springfield (AHL). Called up D Grant Clitsome from Springfield.
NEW JERSEY DEVILS—Recalled D Mark Fayne from Albany (AHL).
NEW YORK RANGERS—Recalled F Kris Newbury from Connecticut (AHL).

## SOCCER

FIFA—Announced the resignation of Guenter Hirsch from the ethics commission.

# FOOTBALL

## NCAA

### BOWL GAMES

**(All times Eastern)**
**Last night's result**
**FIGHT HUNGER BOWL**
**At San Francisco**
Boston College vs. Nevada
**Tonight's games**
**BCS NATIONAL CHAMPIONSHIP**
**At Glendale, Ariz.**
Auburn (13-0) vs. Oregon (12-0), 8:30 p.m.

# NFL

## WILD-CARD PLAYOFFS

**Yesterday's results**
**AFC**
Baltimore 30 Kansas City 7
**NFC**
Green Bay 21 Philadelphia 16
**Saturday's results**
**AFC**
N.Y. Jets 17 Indianapolis 16
**NFC**
Seattle 41 New Orleans 36

## DIVISIONAL PLAYOFFS

**Saturday, Jan. 15**
**All times Eastern**
**AFC**
Baltimore at Pittsburgh, 4:30 p.m.
**NFC**
Green Bay at Atlanta, 8 p.m.
**Sunday, Jan. 16**
**NFC**
Seattle at Chicago, 1 p.m.
**AFC**
N.Y. Jets at New England, 4:30 p.m.

# NBA

## EASTERN CONFERENCE

| | W | L | Pct | GB |
|---|---|---|---|---|
| d-Boston | 28 | 8 | .778 | — |
| d-Miami | 29 | 9 | .763 | — |
| Orlando | 25 | 12 | .676 | 3½ |
| d-Chicago | 24 | 12 | .667 | 4 |
| Atlanta | 25 | 14 | .641 | 4½ |
| New York | 21 | 14 | .600 | 6½ |
| Indiana | 14 | 20 | .412 | 13 |
| Philadelphia | 15 | 22 | .405 | 13½ |
| Milwaukee | 14 | 21 | .400 | 13½ |
| Charlotte | 13 | 21 | .382 | 14 |
| Toronto | 13 | 24 | .351 | 15½ |
| Detroit | 12 | 24 | .333 | 16 |
| New Jersey | 10 | 27 | .270 | 18½ |
| Washington | 9 | 26 | .257 | 18½ |
| Cleveland | 8 | 28 | .222 | 20 |

## WESTERN CONFERENCE

| | W | L | Pct | GB |
|---|---|---|---|---|
| d-San Antonio | 31 | 6 | .838 | — |
| Dallas | 26 | 10 | .722 | 4½ |
| d-L.A. Lakers | 26 | 11 | .703 | 5 |
| d-Oklahoma City | 25 | 13 | .658 | 6½ |
| d-Utah | 25 | 13 | .658 | 6½ |
| Denver | 20 | 15 | .571 | 10 |
| New Orleans | 21 | 16 | .568 | 10 |
| Portland | 20 | 17 | .541 | 11 |
| Memphis | 17 | 20 | .459 | 14 |
| Houston | 16 | 21 | .432 | 15 |
| Phoenix | 14 | 20 | .412 | 15½ |
| Golden State | 15 | 22 | .405 | 16 |
| L.A. Clippers | 12 | 24 | .333 | 18½ |
| Minnesota | 9 | 29 | .237 | 22½ |
| Sacramento | 8 | 26 | .235 | 21½ |

d-division leader

**Yesterday's results**
Toronto 118 Sacramento 112
L.A. Clippers 106 Golden State 91
San Antonio 94 Minnesota 91
Cleveland at Phoenix
Miami at Portland
New Orleans at Denver
New York at L.A. Lakers
**Saturday's results**
Atlanta 108 Indiana 93
Charlotte 104 Washington 89
Milwaukee 115 New Jersey 92
Detroit 112 Philadelphia 109 (OT)
Chicago 90 Boston 79
Oklahoma City 109 Memphis 100
Orlando 117 Dallas 107
Utah 103 Houston 99 (OT)
**Tonight's games**
**(All times Eastern)**
Memphis at Charlotte, 7 p.m.
Houston at Boston, 7:30 p.m.
Detroit at Chicago, 8 p.m.

## RAPTORS 118, KINGS 112

**SACRAMENTO (112)**
Garcia 4-11 4-4 13, Thompson 6-12 7-8 19, Cousins 8-14 2-3 18, Udrih 9-17 4-6 25, Taylor 2-8 0-0 4, Dalembert 1-2 0-0 2, Landry 7-13 8-10 22, Casspi 3-11 2-2 9, Jeter 0-3 0-1 0, Greene 0-0 0-0 0, Jackson 0-0 0-0 0, Head 0-0 0-0 0. Totals 40-91 27-34 112.
**TORONTO (118)**
Kleiza 3-9 1-2 7, Dorsey 1-1 0-2 2, Bargnani 12-19 4-5 30, Calderon 5-11 3-3 13, DeRozan 13-20 2-3 28, Johnson 3-3 2-2 8, Davis 0-1 2-2 2, Barbosa 7-11 1-2 18, Bayless 4-7 1-2 10, Wright 0-0 0-0 0. Totals 48-82 16-23 118.

| | | | | | |
|---|---|---|---|---|---|
| Sacramento | 31 | 19 | 35 | 27 | 112 |
| Toronto | 34 | 23 | 28 | 33 | 118 |

3-Point Goals—Sacramento 5-16 (Udrih 3-4, Casspi 1-5, Garcia 1-6, Taylor 0-1), Toronto 6-13 (Barbosa 3-3, Bargnani 2-4, Bayless 1-3, Calderon 0-1, Kleiza 0-2). Fouled Out—None. Rebounds—Sacramento 51 (Thompson 11), Toronto 48 (Johnson 9). Assists—Sacramento 19 (Jeter 6), Toronto 26 (Calderon 9). Total Fouls—Sacramento 19, Toronto 26. Technicals—Sacramento defensive three second, Toronto defensive three second. A—17,206 (19,800) at Toronto

## SCORING AVERAGE

| | G | FG | FT | PTS | AVG |
|---|---|---|---|---|---|
| Durant, OKC | 34 | 318 | 267 | 960 | 28.2 |
| Stoudemire, NYK | 35 | 349 | 218 | 922 | 26.3 |
| Ellis, GOL | 36 | 343 | 171 | 920 | 25.6 |
| Bryant, LAL | 37 | 325 | 230 | 930 | 25.1 |
| James, MIA | 38 | 319 | 257 | 944 | 24.8 |
| Wade, MIA | 36 | 305 | 248 | 889 | 24.7 |

**Not including last night's games**

# SOCCER

## ENGLAND

### FA CUP

**THIRD ROUND**
**Yesterday's results**
Manchester United 1 Liverpool 0
Tottenham 3 Charlton 0
Chelsea 7 Ipswich 0
Leicester 2 Manchester City 2

## SCOTLAND

### FA CUP

**FOURTH ROUND**
**Yesterday's results**
Dundee 0 Motherwell 4
Berwick 0 Celtic 2

## SPAIN

### LA LIGA

**Yesterday's results**
Espanyol 4 Zaragoza 0
Levante 0 Valencia 1
Mallorca 4 Almeria 1
Osasuna 0 Getafe 0
Racing Santander 1 Sporting Gijon 1
Real Madrid 4 Villarreal 2

## PORTUGAL

### LIGA

**Yesterday's results**
Academica 0 Pacos Ferreira 0
Guimaraes 1 Naval 2
Leiria 0 Benfica 3
Nacional 0 Beira Mar 0
Rio Ave 0 Olhanense 1

## ITALY

### SERIE A

**Yesterday's results**
AC Milan 4 Udinese 4
Bari 0 Bologna 2
Catania 1 Inter Milan 2
Cesena 0 Genoa 0
Chievo Verona 0 Palermo 0
Fiorentina 3 Brescia 2
Lazio 1 Lecce 2
Napoli 3 Juventus 0
Parma 1 Cagliari 2
Sampdoria 2 AS Roma 1

# LACROSSE

## NLL

**EAST DIVISION**

| | GP | W | L | Pct. | GF | GA | GB |
|---|---|---|---|---|---|---|---|
| Toronto | 1 | 1 | 0 | 1.000 | 13 | 7 | — |
| Rochester | 1 | 1 | 0 | 1.000 | 11 | 10 | — |
| Boston | 1 | 1 | 0 | 1.000 | 10 | 6 | — |
| Buffalo | 1 | 0 | 1 | .000 | 9 | 10 | 1 |
| Philadelphia | 1 | 0 | 1 | .000 | 6 | 10 | 1 |

**WEST DIVISION**

| | GP | W | L | Pct. | GF | GA | GB |
|---|---|---|---|---|---|---|---|
| Washington | 1 | 1 | 0 | 1.000 | 11 | 10 | — |
| Calgary | 1 | 1 | 0 | 1.000 | 10 | 9 | — |
| Colorado | 1 | 0 | 1 | .000 | 10 | 11 | 1 |
| Minnesota | 1 | 0 | 1 | .000 | 10 | 11 | 1 |
| Edmonton | 1 | 0 | 1 | .000 | 7 | 13 | 1 |

**WEEK ONE**
**Last night's result**
Calgary at Washington
**Saturday's results**
Calgary 10 Buffalo 9
Toronto 13 Edmonton 7
Boston 10 Philadelphia 6
Rochester 11 Minnesota 10 (OT)
Washington 11 Colorado 10 (OT)
**WEEK TWO**
**Friday's game**
**(All times Eastern)**
Minnesota at Washington, 11 p.m.
**Saturday, Jan. 15**
Edmonton at Boston, 7:30 p.m.
Buffalo at Philadelphia, 7:30 p.m.
Toronto at Rochester, 7:35 p.m.
Colorado at Calgary, 9:30 p.m.

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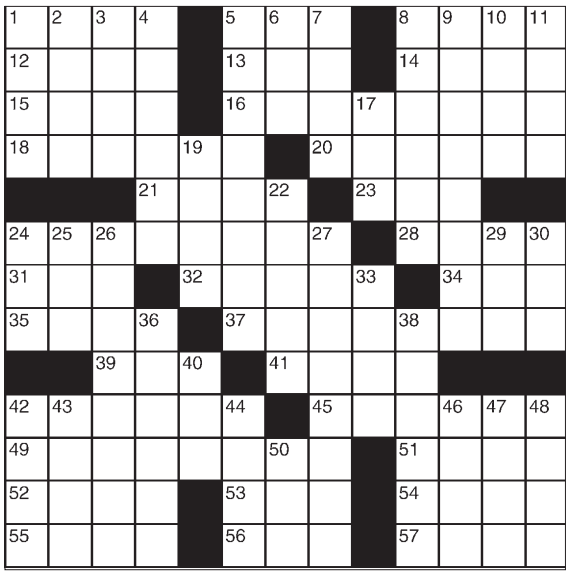
## Crossword



**Across**

1 Eastern potentate
5 Knock
8 Wash
12 Bollywood costume
13 Id counterpart
14 Alkali neutralizer
15 Raindrop sound
16 Unsolved mystery, maybe
18 Martial arts instructor
20 Not so quietly
21 Aleutian island
23 Away from WSW
24 "Price Is Right" jackpot
28 Bullets, for short
31 Cushion
32 Coasters
34 Author Fleming
35 Came to land
37 Piece of luggage
39 Rowing tool
41 "Nerts!"
42 Pieces of work
45 Salary
49 Potential precedent
51 Swear
52 Capri or Wight
53 Scratch
54 Take out of context?
55 High-protein beans
56 Sullivan and McMahon
57 Picnic invaders

**Down**

1 Venomous snakes
2 Masculine
3 Press
4 Coarse cutting tool
5 One-person concerts
6 Past
7 Survey
8 Gap
9 Students' life
10 Workbench attachment
11 Linda of Broadway
17 Female deer
19 Extras (Abbr.)
22 Exhaust
24 Resort
25 Actor Linden
26 With malice
27 Enlighteners
29 More (Sp.)
30 Individual
33 Dazzle
36 Flavors
38 Locust
40 Fun and games
42 Elevator man
43 Mexican money
44 Unchanged
46 Microwave, e.g.
47 Lose feathers
48 Rams fans?
50 Despondent

▶ Friday's answer

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | S | P | ■ | H | E | W | S | ■ | P | A | U | L |
| A | W | E | ■ | A | T | O | M | ■ | I | N | T | O |
| B | A | L | L | Y | H | O | O | ■ | A | Y | E | S |
| U | P | T | I | M | E | ■ | T | E | N | ■ | ■ | ■ |
| ■ | ■ | ■ | N | O | R | ■ | H | O | O | P | L | A |
| S | H | R | E | W | ■ | P | E | N | ■ | E | E | L |
| L | O | I | N | ■ | B | A | R | ■ | L | O | G | O |
| A | B | C | ■ | C | R | Y | ■ | S | E | N | S | E |
| Y | O | O | H | O | O | ■ | Q | U | A | ■ | ■ | ■ |
| ■ | ■ | ■ | A | P | T | ■ | U | N | S | U | N | G |
| W | H | I | P | ■ | H | O | O | S | E | G | O | W |
| H | E | L | P | ■ | E | R | I | E | ■ | L | O | Y |
| O | N | L | Y | ■ | R | E | N | T | ■ | I | N | N |

## Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 7 | | 9 | | 3 | 4 | 2 | |
| | | | | | 5 | | | 1 |
| 2 | | | | | | 3 | | 7 |
| | 4 | | 2 | | | 8 | 5 | |
| | | | | 4 | | | | |
| | 9 | 8 | | | 7 | | 1 | |
| 1 | | 5 | | | | | | 2 |
| 7 | | | 3 | | | | | |
| | 3 | 6 | 1 | | 2 | | 4 | |

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ▶

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 6 | 2 | 4 | 9 | 1 | 3 | 7 | 5 |
| 9 | 3 | 7 | 6 | 8 | 5 | 2 | 1 | 4 |
| 4 | 5 | 1 | 7 | 2 | 3 | 6 | 9 | 8 |
| 3 | 2 | 9 | 8 | 1 | 6 | 5 | 4 | 7 |
| 1 | 7 | 4 | 3 | 5 | 2 | 8 | 6 | 9 |
| 5 | 8 | 6 | 9 | 7 | 4 | 1 | 3 | 2 |
| 6 | 9 | 3 | 2 | 4 | 8 | 7 | 5 | 1 |
| 7 | 1 | 8 | 5 | 6 | 9 | 4 | 2 | 3 |
| 2 | 4 | 5 | 1 | 3 | 7 | 9 | 8 | 6 |

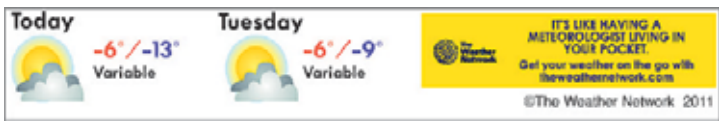
## Send a KISS

**Show some love! Send a note to somebody special at kiss@metronews.ca**

*B.K. ....these past 2 years have been amazing. being with u has made me believe in miracles again. i love u with all my heart. you are my best friend, my ride n die, my family. lets make 2011 ours! xoxo* **N.J.**

*To my monkey, You have made the last year amazing. You are my best-friend, the love of my life and my partner in crime;) I can't wait to see what the future holds for us! Happy 1 year Anniversary* **LOVE JOSE XXXO**

*Hey winster!!!! I know it has been a long and challenging year. But you pulled through. just wanted to send you a kiss and remind you that you are an amazing friend and great mom:) keep being you and remember there are people out there that are proud to be called your friends:) Your craz-ay girlfriend* **JANE:) XO**




## Today's horoscope

*For today's crossword answers and for expanded horoscopes, go to metronews.ca*

**♈ Aries March 21-April 20** Use your head today and you won't go far wrong. Others may get emotional about what's going on but you must not allow petty feelings to get in the way of business.

**♉ Taurus April 21-May 21** A creative project you have been working on for quite some time must be wrapped up quickly. Soon there will be other, more important, calls on your time and energy, so get it finished by the end of this week.

**♊ Gemini May 22-June 21** Your dominant position will be challenged but anyone who thinks you will just roll over and play dead obviously doesn't know you too well.

**♋ Cancer June 22-July 22** Cancer may be a cardinal sign but no matter how ambitious you may be there is only so much you can do in a day. Know your limits and stay within them.

**♌ Leo July 23-Aug.23** You may be imperious by nature but you are always prepared to listen to good advice and what friends and family members tell you today is worth its weight in gold. Don't cash it in yet though – it's value will keep rising.

**♍ Virgo Aug. 24- Sept. 22** Avoid negative thinking at all costs today. If you allow yourself to dwell on the worst that might happen you increase the chances of it coming about. A positive attitude is an absolute must.

**♎ Libra Sept. 23-Oct. 23** There is something you have left unfinished, something that needs to be done as a matter of urgency. The longer you leave it the more likely it is you will have to rush it.

**♏ Scorpio Oct. 24-Nov. 22** You need to spend some time alone today, if only to get your thoughts together. You don't have to ask anyone's permission to slip away for a few hours.

**♐ Sagittarius Nov. 23-Dec. 21** Your are, of course, entitled to your opinions but are they backed up by the facts? If not you may have a hard time trying to explain to other people today why you are so passionate about what you believe.

**♑ Capricorn Dec. 22-Jan. 20** A little effort will go a long way today. The Sun in your sign gives you no end of confidence and you won't hesitate to strike out in a new direction if it feels right.

**♒ Aquarius Jan. 21-Feb. 18** What others say and what others mean today are likely to be two entirely different things, so don't take what you hear at face value.

**♓ Pisces Feb. 19-March 20** The reason why certain people are being unhelpful is because of something you said to them, or about them, a long time ago. It may be silly that they still bear a grudge but it's up to you to make amends.

SALLY BROMPTON

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